

WOODLAND MIDDLE SCHOOL

June 2023



Dear Woodland Middle School Families,

As we approach the end of another incredible school year, I want to take a moment to express my deepest gratitude for your unwavering support and commitment to our school community throughout the 2022-2023 academic year. It has been an absolute pleasure working alongside such dedicated parents, guardians, and families who truly understand the value of education and the power of collaboration.

Together, we have achieved remarkable milestones and witnessed countless moments of growth and achievement within our student body. From the triumphs of our talented athletes on the field to the creative expressions of our young artists in the classrooms, each day has brought us closer to our shared vision of excellence. Your encouragement and active involvement have played an integral role in fostering a positive and nurturing environment for our students to thrive.

Looking ahead to the 2023-2024 school year, I am thrilled to extend a warm welcome to our incoming 5th graders. The transition to middle school is an exciting milestone, and I have no doubt that with the support of our incredible staff and the guidance of their families, our newest Trojans will flourish and make their mark on Woodland Middle School.

To our 8th graders who will be moving up to 9th grade, congratulations on successfully completing your middle school journey. It has been a privilege to witness your growth and development over the years. As you embark on this new chapter in your educational journey, remember that the lessons learned, friendships forged, and memories made at Woodland Middle School will forever be a part of your foundation. We wish you all the best and have every confidence that you will continue to achieve great things in high school and beyond.

Before we bid farewell for the summer, I want to encourage all families to stay connected and keep an eye out for our summer newsletter. In it, you will find important back-to-school dates, exciting updates, and all the fun activities we have planned to welcome our Trojans back for another incredible year of learning and growth. We can't wait to see familiar faces and embrace the energy and enthusiasm that comes with a new school year.

I want to wish each and every one of you a fantastic summer filled with relaxation, joy, and cherished moments with your loved ones. Take this time to recharge and rejuvenate so that we may return in the fall ready to embrace new challenges and continue "Winning in the Woods" together.

Thank you once again for your unwavering support and dedication. It is an honor to serve as the principal of Woodland Middle School, and I look forward to continuing this journey alongside you in the upcoming school year.

Have a great summer!

Success in all things,
Dr. Russell Evans Principal

Important Dates

- Thursday, June 1st**
8th Grade Field Trip
- Friday, June 2nd**
Spirit Day – Color Wars
- June 6 – June 9**
KNOW Curriculum
- Wednesday, June 7**
TEAM High Commencement
- Thursday, June 8**
8th Grade Moving Up Assembly
2pm – 3:10pm
- Thursday, June 8**
6:15pm School Board Meeting
- Friday, June 9**
WHS Commencement
- Tuesday, June 13**
WMS Field Day
- Friday June 16**
Early Release 12:25pm
- Monday, June 19**
Juneteenth
No School
- Tuesday, June 20**
Last Day of School / Early
Release 12:25pm
- Thursday, June 22**
6:15pm School Board Meeting
- Friday, June 23**
WMS Office closes to the public
Reopens August 22
- Thursday, July 13**
6:15pm School Board Meeting
- Thursday, July 27**
6:15pm School Board Meeting
- Thursday, August 10**
6:15pm School Board Meeting
- Thursday, August 24**
6:15pm School Board Meeting

Dear Parents/Guardians, Spring 2023

We are preparing for our annual instruction of Sexual Health Education and HIV prevention for all **5th - 8th grade students as mandated by Washington State Law**. Our instruction this year will consist of videos, discussions, and web-based tutorials featuring the latest information presented in the KNOW curriculum as presented by the Office of the Superintendent of Public Instruction.

The P.E./Health teachers will be teaching the curriculum the week of **June 6th to 9th, 2023**. All students (unless they are on the Opt Out List) will have the curriculum taught during the school day no matter if they are currently in PE/Health or not. **Please Note: Boys and Girls will be split up and never together for any videos and/or discussions.**

A parent information and curriculum review meeting will take place on **May 31st Virtually (Please see the links below)**. You will not need to attend if you have reviewed the material in the past. No updated material has been put into place for this school year. These virtual reviews are geared towards anyone who is interested in viewing the videos that will be shown at each grade level and/or have questions regarding the curriculum.

5th Grade: 5-6pm - <https://meet.google.com/enq-vvfb-wuu?hs=122&authuser=0>

6th Grade: 6-7pm - <https://meet.google.com/myx-swdj-sih?hs=122&authuser=0>

7th Grade: 7-8pm - <https://meet.google.com/rtt-mpkk-wdj?hs=122&authuser=0>

8th Grade: 8-9pm - <https://meet.google.com/tbt-swdi-cbi?hs=122&authuser=0>

We strongly encourage participation in these short lessons for all students 5th - 8th grade, yet we recognize family values play a part in this decision. As always, the emphasis of the lessons will be abstinence from all sexual activity. All materials have been approved by the Curriculum Committee and the School Board of the Woodland School District.

If you would like to Opt Out your student(s) please contact the office at 360.841.2850. If you have previously signed the opt out form you are not required to complete it again, however you can call to confirm your student(s) are on the list.

Thank you,
Angela Campbell
WMS Assistant Principal

The KNOW Curriculum is an OSPI developed HIV/STD prevention curriculum.
KNOW Curriculum <http://www.k12.wa.us/HIVSexualHealth/KNOW.aspx>

For meeting [legislative requirements](#) for providing annual HIV prevention instruction to students in grades 5-12.

1. Adopt the state model KNOW HIV/STD Prevention Curriculum developed by OSPI.
2. Develop or purchase a curriculum that has been reviewed for medical accuracy by the WA Department of Health (DOH) Office on HIV/AIDS
3. Videos to support the Health and Sexual Education Requirements

5th Grade (Boys and Girls/Separate Locations)

5th Grade Human Growth and Development Video: WHAT IS PUBERTY?

Designed to be viewed by both male and female students and covers the definition of puberty, the endocrine system, hormones, glands and the changes at puberty that both girls and boys have in common. The development of new body hair, body odor and good hygiene are also discussed.

5th Grade HIV Video: "HIV and Me: Marissa's Story"

- Understanding the differences between HIV and AIDS
- Basic Facts about HIV Transmission

6th Grade (Boys and Girls/Separate Locations)

6th Grade Human Growth and Development Video for Girls: GIRLS AND PUBERTY

Focuses on the changes girls experience during puberty and includes a discussion of female reproductive anatomy, hormones in girls, ovulation, and emotional issues. Although designed to be viewed by girls-only groups, the video is also appropriate for gender mixed classes.

6th Grade Human Growth and Development Video for Girls: BOYS AND PUBERTY

Focuses on the changes boys experience during puberty including male reproductive anatomy, hormones in boys, spermatogenesis, hygiene and emotional issues. Appropriate for both sexes or for boys-only viewing.

6th Grade HIV Video: "Understanding HIV: Understand the Facts, Fight the Stigma, Stay Safe."

- Understanding the immune system and its roles
- Identify behaviors that protect a person from HIV Infection
- Understand a brief history of HIV and AIDS
- AIDS is caused by a virus (HIV)

7th Grade (Boys and Girls/Separate Locations)

7th Grade Human Growth and Development Video: “NEW EMOTIONS & FEELINGS”

Features both male and female students discussing how hormones trigger the new social and emotional changes experienced during puberty. These experiences include independence from parents, new friends, and new romantic feelings.

7th Grade HIV Video: “HIV AND AIDS”

Uses age-appropriate language to clearly illustrate how HIV is transmitted. Easy-to-follow animation shows how HIV attacks the immune system and how it eventually can develop into AIDS. Two on-camera physicians answer kids’ questions about AIDS transmission and prevention. Video clearly states that any type of sexual activity with another person is not appropriate at this age.

8th Grade (Boys and Girls/Separate Locations)

8th Grade Human Growth and Development Video: “You, Your Body and Puberty”

Join Tyler, Vanessa, Sam and Michelle, four friends who have been buddies since kindergarten, as they begin to observe and understand puberty. These boys and girls notice changes in themselves and each other--physical changes, emotional changes and changes in how they react to one another. In school, their health teacher, Mr. Saulson, leads them in their study of puberty. This program presents a gentle, curriculum-based introduction to puberty. The remarkable journey from child to adult is biological, physical and emotional. It is exciting and sometimes confusing to grow up. Viewers will learn what is "normal" for boys and girls at puberty: the biological facts of physical maturation; the timeline for growth for both sexes; the normal feelings of self-consciousness; the need for good personal hygiene; why mood swings happen; and, preparation of the body for human sexuality and reproduction. Research has unequivocally demonstrated that children who are well-prepared for puberty make the healthiest transitions to adulthood.

8th Grade HIV Video: “Understanding HIV and AIDS”

“What is the difference between HIV and AIDS? How do you get it? Can I touch a person with AIDS? Is there a cure for HIV?” Based on national health curriculum standards for middle school plus the latest science, this program arms students with the facts about HIV and AIDS. It presents an age-appropriate review of the basic terms, definitions and biology of the HIV virus plus means of infection, treatment, and protection. The program also sends a clear message that abstinence is the only 100% effective option for avoiding sexual transmission of the HIV virus. It includes a dialogue with middle school students and two HIV positive young people on issues that impact their lives: How should an HIV+ person be treated by others? What are the common misconceptions about how HIV is acquired? What strategies and life skills can teens use to stop the pressures that might expose a young person to HIV?

2022-2023 Bell Schedules

Woodland Middle School

5th & 6th Grade

Period 1/HR	10:00 – 10:43
Period 2	10:48 – 11:25
Period 3	11:30 – 12:07
5/6 Lunch	12:07 – 12:37
Period 4	12:42 – 1:19
Period 5	1:24 – 2:01
Period 6	2:06 – 2:43
Period 7	2:48 – 3:25

Period 1/HR	8:45 – 9:37
Period 2	9:42 – 10:30
Period 3	10:35 – 11:23
5/6 Lunch	11:23 – 11:53
Period 4	11:58 – 12:46
Period 5	12:51 – 1:39
Period 6	1:44 – 2:32
Period 7	2:37 – 3:25

Period 1/HR	8:45 – 9:29
Period 2	9:34 – 10:15
Period 3	10:20 – 11:01
5/6 Lunch	11:01 – 11:31
Period 4	11:36 – 12:17
Period 5	12:22 – 1:03
Period 6	1:08 – 1:49
Period 7	1:54 – 2:35
Assembly	2:40 – 3:25

Period 1/HR	10:45 – 11:19
Period 2	11:24 – 11:55
5/6 Lunch	11:55 – 12:25
Period 3	12:30 – 1:01
Period 4	1:06 – 1:37
Period 5	1:42 – 2:13
Period 6	2:18 – 2:49
Period 7	2:54 – 3:25

Period 1 / 1	8:45 – 9:34
Period 2 / 5	9:39 – 10:21
Period 3 / 6	10:26 – 11:08
5/6 Lunch	11:08 – 11:38
Period 4 / 7	11:43 – 12:25

Woodland Middle School

7th & 8th Grade

Period 1/HR	10:00 – 10:43
Period 2	10:48 – 11:25
Period 3	11:30 – 12:07
Period 4	12:12 – 12:49
Lunch 7/8	12:49 – 1:19
Period 5	1:24 – 2:01
Period 6	2:06 – 2:43
Period 7	2:48 – 3:25

Period 1/HR	8:45 – 9:37
Period 2	9:42 – 10:30
Period 3	10:35 – 11:23
Period 4	11:28 – 12:16
Lunch 7/8	12:16 – 12:46
Period 5	12:51 – 1:39
Period 6	1:44 – 2:32
Period 7	2:37 – 3:25

Period 1/HR	8:45 – 9:29
Period 2	9:34 – 10:15
Period 3	10:20 – 11:01
Period 4	11:06 – 11:47
7/8 Lunch	11:47 – 12:17
Period 5	12:22 – 1:03
Period 6	1:08 – 1:49
Period 7	1:54 – 2:35
Assembly	2:40 – 3:25

Period 1/HR	10:45 – 11:19
Period 2	11:24 – 11:55
Period 3	12:00 – 12:31
7/8 Lunch	12:31 – 1:01
Period 4	1:06 – 1:37
Period 5	1:42 – 2:13
Period 6	2:18 – 2:49
Period 7	2:54 – 3:25

Period 1 / 1	8:45 – 9:34
Period 2 / 5	9:39 – 10:21
Period 3 / 6	10:26 – 11:08
Period 4 / 7	11:13 – 11:55
7/8 Lunch	11:55 – 12:25

- \$1500 - \$3000 SIGNING BONUS for new drivers!**
- FREE and PAID CDL Training!**
- Public Employee Benefits**

KWRL is HIRING!

\$24.66/Hour

Call 360-841-2023 or visit kwrl.org/jobs for more details

"It's time to start moving forward!"



WMS Office Hours

Monday 9:30am – 4:15pm
Tuesday – Friday 8:15 – 4:15



WMS Building Entry

Students will enter through the commons.

Monday 9:40am
Tuesday – Friday 8:25am

INVEST ED

Invest ED is a non-profit that provides students with immediate help when it is needed most, our school utilizes the funds they provide to help students in need throughout the school year.

This year alone we were able to help over 20 students with the funds they provided us.

If you would like to donate to students at your school please click the link below.

<https://invested.org/campaigns/woodland-middle-school>

End of School Year Medication Pick Up



Please pick up your child's inhaler or EpiPen on **JUNE 20th NO LATER THAN: 2:30 PM.** All other non-emergency medication may be picked up prior to June 20th.

All Medications not picked up before 2:30 on JUNE 20th will be discarded.

Students who have physician orders to self-carry an inhaler or EpiPen will have their backup medication from the health room returned to them on the last day of school.

It is against district policy and drug free schools for a student to transport medication without physician orders to and from school; therefore, we cannot send medication home with your child.



TROJANS GEAR

NOW AVAILABLE ONLINE

SHOP 24/7/365



SHOP NOW ▶



Free Summer Meals

For ages 18 and under

For a site near you:
text **FOOD** to **304-304**

FreeSummerMeals.org

Closed on
July 3rd and
4th



Meals must
be eaten
onsite!

Location Details:

Woodland Middle School
755 Park St.

Woodland, WA 98674

Monday thru Friday

Breakfast: 8:30 am to 9:00 am

Lunch: 11:30 am to 12:30 pm

Free for all
students 18
and under!



No
application or
registration
required!

Woodland Public Schools — Middle School Menu — June 2023

BREAKFAST MENU

			6/01 Sausage & Egg Breakfast Sandwich	V 6/02 WG Cinnamon Roll with Icing
V 6/03 Blueberry Pancake Bites	V 6/06 Apple Frudel Stick	V 6/07 Cinnamon Breakfast Cookie	V 6/08 Buttermilk Pancakes	V 6/09 Banana Muffin Top
6/12 Sausage Breakfast Pizza	V 6/13 Cinnamon & Sugar Pancakes Bites	V 6/14 Blueberry Waffles	V 6/15 Strawberry Cream Cheese Bagel	V 6/16 Cinnamon Cream Cheese Bagel
6/19 No School	6/20 Cook's Choice	Visit the Middle School for the Summer Lunch Program!		
		Enjoy your Summer Break!		

LUNCH MENU

			6/01 Nacho Bar	6/02 Chicken and Waffles
6/03 Chili Cheese Fritos	6/06 Nacho Bar	6/07 Chopsticks Teriyaki Beef Dippers	6/08 Nacho Bar	6/09 Meatball Sub
6/12 Chicken Potato Bowl	6/13 Nacho Bar	6/14 Chopsticks Orange Chicken	6/15 Nacho Bar	6/16 BYO Deli Sandwiches
6/19 No School	6/20 American sub	Visit the Middle School for the Summer Lunch Program!		
		Enjoy your Summer Break!		

V Vegetarian or can be without meat products

The breakfast items will include the following:

The Main Hot Entrée on the Calendar

Assorted Cereals

Assorted Breakfast Sandwiches on rotation

Bagels and muffins will alternate every other week.



Join us each Friday for a special treat when you get your lunch!



EVERYDAY CHOICES **V**

Pepperoni & Cheese Pizza



DAILY GRILL CHOICES

Hamburger, Cheeseburger, & Chicken Burger. Spicy Chicken on rotation



DAILY FAST TAKE CHOICES

Your choice of a Sandwich or salad. Rotating Protein Boxes, deli sandwiches and pizza boxes

Students please enter your PIN for each meal. 2nd entrée is available for a charge—please make sure you have money on your account prior to taking the 2nd entrée.

Student Meal Prices:

Breakfast paid: \$1.70

Breakfast reduced: \$0.00

Lunch Paid: \$3.15

Lunch Reduced: \$0.00

MILK, JUICE, FRUIT AND A VEGETABLE WILL BE GIVEN WITH EVERY MEAL.

"This institution is an equal opportunity provider."

Menus are subject to change.

Woodland Public School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression, gender identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee(s) has been designated to handle questions and complaints of alleged discrimination:

Vicky Barnes, Title IX Officer, Civil Right Coordinator, and Affirmative Action Officer, 800 Second St. Woodland, WA 98674, barnesv@woodlandschools.org, (360) 841-2702
Jake Hall, 504 Coordinator, 800 Second St. Woodland, WA 98674, hallj@woodlandschools.org, (360) 841-2720

You can report discrimination and discriminatory harassment to any school staff member or to the district's Civil Rights Coordinator, listed above. You also have the right to file a complaint. For a copy of your district's nondiscrimination policy and procedure, contact your school or district office or view it online at www.woodlandschools.org/policies. You can also make a complaint with the Office for Civil Rights, U.S. Department of